

Y GUIDES

We build strong kids, strong families, strong communities.

FATHER & SON

'Pals Forever'

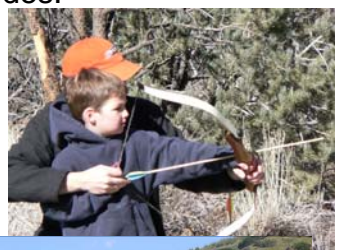


Broken Arrow Expedition

Dads: Is your son in Kindergarten through 3rd Grade? Are you looking to do exciting activities with your son like camping, rock climbing, canoeing, archery, fishing, marksmanship and many others? Do you want to not only watch your son grow up but share the experience with him?

Through the Y-Guides Adventure Program, not only will your son develop new friends and learn skills, but you will foster a relationship with your son that will last a lifetime. The time commitment is small, but the rewards are tremendous! Local groups or Circles typically meet once a month and conduct crafts, games, and story-telling with fathers and sons together. The entire Expedition also has monthly events throughout the year. All events are optional, but once you experience them, you won't want to miss them! Broken Arrow's 2010-2011 event schedule includes:

- Sept. 24 - 26 Beach Camp (Camp Surf)
- Oct. 22- 24 Initiation Camp (San Mateo)
- Nov. 20 - 21 U.S.S. Midway Overnight
- Dec. 10 PJ Bowling and Adopt-a-Family Fundraiser
- Jan. 22 FASCAR
- Feb. 10 12 Snow Camp (Camp Oaks)
- Mar. 18 - 20 Nation Olympics (Caspers)
- Apr. 29 – May 1 Joshua Tree Camp Trip
- May 21 Father/Son Laser Tag
- Jun. 3-5 Graduation Camp (San Clemente)



If you are interested in learning more about the Broken Arrow Expedition, please see our website at

<http://www.ymcaoc.info/brokenarrow/>

For more information or how to join, contact:

Dave Cummings: (949) 933 1773, drcummings@mnc.occocxmail.com

Or the Saddleback Valley YMCA: <http://www.ymcaoc.org/programs/index.php>

Terry Palhidai: (949) 380-3509, tpalhidai@ymcaoc.net (mention Broken Arrow Expedition)

Life is an adventure. Get to know your kid while your kid is still a kid!